



The Ark Community

#88: "Here and Now"

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How many of us live their lives waiting for what will happen tomorrow, how will their future be, or living their lives lost in the memories of their past? I'm the first one to raise up my hand. But I had a revelation that touched my heart and I'd like to share it with all of you, to help you and me to come out from the prison that we have been building up.

These two words, *past* and *future*, have affected and still affect our lives in the present. Albert Nolan has really hit the mark when he says: ***"Most of us live in the past or in the future. We are distracted by what happened yesterday...Others live in the future, in the kind of world they hope to have one day."***

How true is this statement! We are living in two realities that are not real: the past is not real, as it doesn't exist anymore, and the future is not real, as it doesn't exist yet.

The only reality that exists is the "HERE" and the "NOW", our ***present***.

Also Jesus used to live in the present and He taught everyone to do the same when He says: ***"Therefore I say to you, do not worry about your life, what you will eat; nor about the body, what you will put on;...For your heavenly Father knows that you need all these things... But seek first the kingdom of God and His righteousness, and all these things shall be added to you."*** [Matthew 6:25-34].

Jesus lived in the present, in the "here" and the "now", focusing and seeking the Kingdom of God. He has invited us not to be worried about the future, but to seek the Kingdom of the Father. And the Kingdom of God is here and now, is in the present, is in the lives that we are living today, as the Kingdom of God is already here, is already now, it is in our hearts. It's only in the present that we can feel the presence of God and experience His Kingdom. Don't allow our anxieties and worries to come in between God and us. Every single day that we live, our every single heartbeat is God's heartbeat, His word, His embrace, His teaching. Every single day that we live is a step towards the knowledge and the experience of the Kingdom of God. Allow God to use our "here" and "now", to use our present to transform us and to prepare us for His Kingdom.

I don't want to live in the memories and the expectations anymore!
I want to live now in the Kingdom of God! What about you?